

**BOOK REVIEW**

*Title of the Book: Suicide and mental illness: Our responsibility*

*Author: Dr. Dhana Ratna Shakya*

Dr. Dhana Ratna Shakya's current work "Suicide and mental illness: Our responsibility" in simple Nepali, is not only useful for the service providers and medical students; but can also play a significant role in creating awareness among laypersons about mental illness in Nepal, where the psychiatric service is insufficient and lacks proper human resources and facilities.

The author has been able to explain the technically complex mental disorders in a lucid and vivid way. The author is also abreast with the recent advancements in contemporary medicine pertaining to psychiatry.

Dr. Shakya who is currently working in BP Koirala Institute of Health Sciences, Dharan, has a lot of publications (health as well as literary) to his credit. His health publications are in simple language and cater to the common people. Dr. Shakya deserves appreciation for his outstanding job and it is hoped that he will keep on imparting his invaluable wealth of knowledge in the days to come.

*Dr. A Rizyal*